

Depression is a Common Cause of Disabilities in the Elderly¹

Depression in elderly persons is widespread, often undiagnosed, and usually untreated²

Typically, elderly patients with depression do not report depressed moods but instead present with less specific symptoms such as insomnia, anorexia, and fatigue².

The fact that elderliness is accepted as a property of depressive symptoms both by the relatives of the patients and doctors is one of the factors which make it difficult to recognize depression³

Do you recognize yourself?

Talk to your Doctor

1. Steffens DC et al. Prevalence of Depression and its treatment in an elderly population. *Arch Gen Psychiatry* 2002; 57: 601-607.

2. Birrer RB, Vemuri SP. Depression in Later Life: A Diagnostic and Therapeutic Challenge. *AMERICAN FAMILY PHYSICIAN* 2004;69: 2375-2382

3. Sözeri-Varma G. Depression in the Elderly: Clinical Features and Risk Factors. *Aging and Disease* 2012; 6:465-471.



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